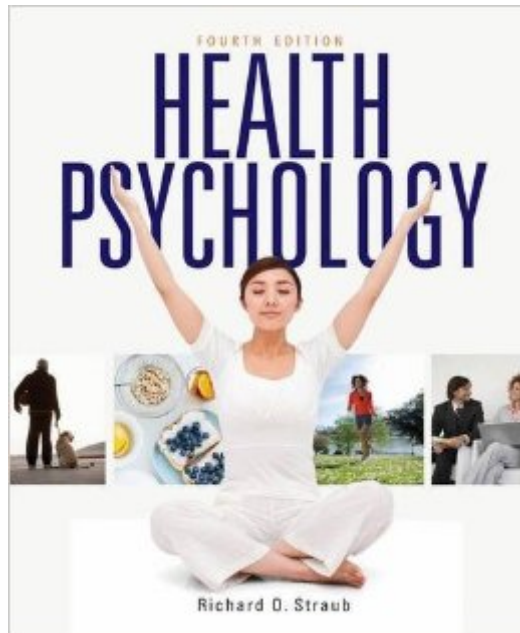


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Health Psychology: A Biopsychosocial Approach



Synopsis

Rick Straub's focus on the biopsychosocial model, gender/lifespan/culture perspectives, and real world applications makes Health Psychology a riveting and culturally-enriched educational experience for students. This redesigned new edition has been carefully and extensively updated, enhanced by Straub's meticulous revision process and feedback from instructors and students. With more emphasis on positive health, the new edition examines information from biological, psychological, and social aspects of health offering students a balanced perspective that can help inform their future health decisions in real life.â •

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Textbook

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